IBCLCs make an impact!

An International Board Certified Lactation Consultant (IBCLC®) is the only internationally recognized health care professional who specializes in lactation care.

Before your baby is born, a visit with an IBCLC will help you get off to a good start with breastfeeding techniques and healthy milk production.

After your baby is born, an IBCLC can answer questions and help with any breastfeeding challenges.

An IBCLC can help you continue breastfeeding if you are separated for work or other reasons as your baby gets older.

If you or your baby ever have any health concerns, an IBCLC can help you manage to breastfeed.

IBCLCs lower healthcare costs!
Research indicates that IBCLCs help lower costs by improving health outcomes.

IBCLCs improve institutions' image!
By boosting consumer satisfaction, IBCLCs enhance an institution’s competitive edge.

Did you know that a visit with an IBCLC can:

Help breastfeeding work for you?
IBCLCs provide individual care for the needs of your baby, you, and your family.

Reduce health care costs for you and your child?
A healthy baby means fewer doctor visits and prescriptions.

Support a pleasant breastfeeding experience?
Enjoy being a mother and the convenience of breastfeeding.

Contact an IBCLC in your area:
Visit the ‘Find a Lactation Consultant’ Directory at www.ILCA.org